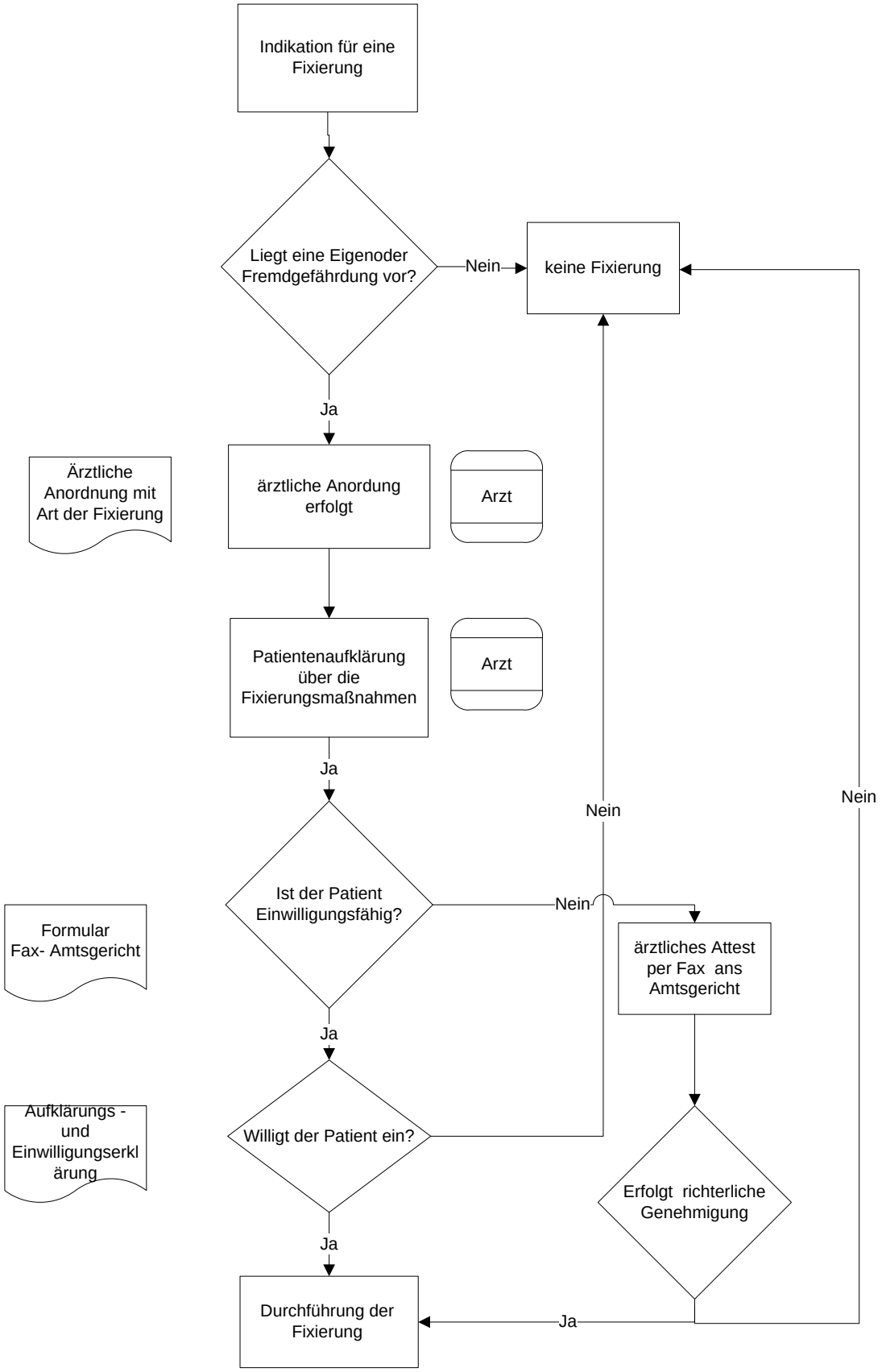1.2.21, Anlage 4 Ablauf bei Fixierung eines Patienten